

BREAKFAST MENU

Let's Get It On!

GOOD MORNING FRY UP!

LIGHT VEGGIE   £7.5

1 fried egg, 1 vegan sausage, 1 hash brown, mushroom, roasted cherry tomatoes on the vine, baked beans and a slice of toast.

FULL VEGGIE   £9.5

2 fried eggs, 2 vegan sausages, 2 hash browns, mushroom, roasted cherry tomatoes on the vine, baked beans and a slice of toast.

LIGHT VEGAN   £7.5

1 vegan sausage, 1 hash brown, mushroom, roasted peppers, roasted cherry tomatoes on the vine, baked beans and a slice of toast.

FULL VEGAN   £9.5

2 vegan sausages, 2 hash browns, mushroom, roasted peppers, roasted cherry tomatoes on the vine, baked beans and a slice of toast.

MY BODY IS A TEMPLE

MIXED BERRY GRANOLA   £6.5

Made with your choice of milk or yogurt and topped with seasonal fresh fruit.

Why not add a pot of jasmine poached pears tea for the ultimate start to your morning? (+£3)

PORRIDGE   £6.5

Made with your choice of milk and topped with seasonal fresh fruit.

 **VEGAN**  **GLUTEN-FREE**  **GF ALTERNATIVE**
THICK SLICED FRESHLY BAKED BREAD: WHITE OR WHOLEMEAL 

THE
**SECRET
GARDEN**



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THINGS ON TOAST

EGGS  £6.5

Seasoned fried, scrambled or poached eggs served on toast.

AVOCADO & MUSHROOM   £9

Avocado and a large flat mushroom served on toast with a sprinkle of chilli flakes.

SCRAMBLED TOFU   £9.5

Scrambled tofu, spinach and pine nuts, roasted cherry tomatoes on the vine and served on toast.

LESS THINGS, MORE TOASTINESS

ROUND OF TOAST   £2.5

A round of toast with vegan or regular butter and your choice of jam or marmalade.

TOASTED TEACAKES £3.5

Freshly baked, larger than normal teacakes, toasted to perfection! Served with butter.

ADDITIONS

FREE-RANGE EGG  £1

VEGAN SAUSAGE   £1

HASH BROWN   £1

FLAT MUSHROOM   £1

ROASTED MIXED PEPPERS   £1

CHERRY TOMATOES   £1

AVOCADO   £1.5


SCRAMBLED TOFU   £2.5

#SECRETGARDENDORCHESTER



LUNCH MENU

Gloriously Different!



LIGHT BITES

NACHOS  **£9.5**
Tortilla chips, guacamole, salsa, jalapenos and cheese.











Add our homemade BBQ Spiced Jackfruit for just £2

HOMEMADE SOUP   **£7**
Soup of the day, served with a rustic or gluten-free roll.

CHIPS, CHEESE & BEANS   **£6.5**
It doesn't need to be 4am to enjoy this British favourite!

GARDEN POUTINE   **£7.5**
A Secret Garden twist on the popular Canadian dish. Chips and cheese covered in a thick mushroom gravy.

SARNIES & PANINI'S **£7 / £8**
Pick from white or wholemeal bread, or a panini and then choose from the following fillings. Served with a side salad.
Only Gluten-Free Paninis Available

- BBQ Jackfruit & Cheese  
- Brie & Cranberry 
- Tomato, Pesto & Mozzarella 
- Cheese & Caramelised Onion  
- Houmous, Sundried Tomato & Olive  
- Avocado & Grilled Mushroom  

 **VEGAN**  **GLUTEN-FREE**  **GF ALTERNATIVE**
 **STAY CHEESY: CHOOSE FROM VEGAN OR CHEDDAR CHEESE**
THICK SLICED FRESHLY BAKED BREAD: WHITE OR WHOLEMEAL 


THE
**SECRET
GARDEN**



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SG CLASSICS

THE GARDEN QUICHE OF THE WEEK  **£12.5**
100% Vegan friendly quiche. Served with new potatoes or fries.








MOVING MOUNTAINS CHEESE BURGER  **£13.5**
This luscious plant-based burger, served in a toasted bun with fries and homemade slaw, satisfies even the most dedicated carnivores.

BHAJI BURGER   **£13.5**
Spiced bhaji burger with garlic and dill mayo in a pretzel bun. Served with fries, homemade slaw and mango chutney.

THE GABRIELLA  **£12.5**
Roasted beetroot, goats cheese, candied walnuts and rocket salad. De-li-cious!

JACKETS

JACKET SPUDS **£8**
Have your glorious baked potato stuffed with one of the following fillings and served with a little salad on the side.

- BBQ Jackfruit & Cheese  
- Brie & Cranberry 
- Tomato, Pesto & Mozzarella 
- Cheese & Caramelised Onion  
- Houmous, Sundried Tomato & Olive  
- Avocado & Grilled Mushroom  

SIDE HUSTLES

CHIPS   **£3**

SWEET POTATO FRIES   **£4**

GARLIC BREAD   **£3**

CHEESY GARLIC BREAD   **£3.5**

MIXED SALAD   **£3**

WAFFLE MENU

Treat Your Face!

WAFFLES

WHO DOESN'T LOVE A GURT WAFFLE SMOTHERED IN SWEET TREATS AND A LITTLE FRUIT CHUCKED IN JUST TO CHECK OFF THE 'PRETEND TO BE HEALTHY' BOX.

WHETHER YOU WANT A BELGIAN, CHOCOLATE OR VEGAN & GLUTEN-FREE WAFFLE OF GREATNESS, WE HAVE ALL BASES COVERED!

SG SPECIALS! 8.5

WE'VE INVENTED SOME PRETTY UNIQUE SPECIALS OVER THE YEARS & WE'RE PRETTY SURE YOU'LL LOVE THEM!

BANANA ROULADE

BELGIAN WAFFLE BASE WITH SLICED BANANA'S, SG CARAMEL SAUCE, CRUSHED MERINGUE, CRUMBLED BISCUITS AND A DUSTING OF CHOCOLATE SPRINKLES TO FINISH.

EATON MESS

BELGIAN WAFFLE BASE WITH FRESH STRAWBERRIES, SQUIRTY CREAM, CRUSHED MERINGUE AND TOPPED WITH STAWBERRY SAUCE.

DEATH BY CHOCOLATE

CHOCOLATE WAFFLE BASE WITH 2 SCOOPS OF CHOCOLATE ICE CREAM, DARK CHOCOLATE SAUCE AND A SPRINKLE OF GRATED CHOCOLATE FOR GOOD MEASURE.

APPLE PIE

BELGIAN WAFFLE OR VEGAN WAFFLE BASE WITH HOMEMADE STEWED APPLES, CRUMBLED BISCUITS, AND SPRINKLES OF CINNAMON.

BERRY BURST

BELGIAN WAFFLE OR VEGAN WAFFLE BASE WITH FRESH STRAWBERRIES, BLUEBERRIES, RASPBERRIES AND YOUR CHOICE OF SAUCE!

BISCOFF BOMB

BELGIAN OR VEGAN WAFFLE BASE WITH CRUMBLED BISCOFF, BISCOFF SAUCE AND BISCOFF CREAM PEICES FOR THE ULTIMATE BISCOFF OVERLOAD!

CHOCOLATE ORANGE

BELGIAN WAFFLE OR VEGAN WAFFLE BASE WITH TERRY'S CHOCOLATE ORANGE SEGMENTS, FRESH ORANGE SEGMENTS AND TOPPED WITH LUSCIOUS CHOCOLATE SAUCE!

LEMON MERINGUE PIE

ELGIAN WAFFLE BASE WITH HOMEMADE LEMON CURD, CRUSHED BISCUITS, CRUSHED MERINGUE WITH A SPRINKLING OF FRESH LEMON ZEST.

WHITE CHOC & RASPBERRY CHEESECAKE

BELGIAN WAFFLE BASE WITH CRUSHED BISCUITS, FRESH RASPBERRIES, GRATED WHITE CHOCOLATE AND RASPBERRY SAUCE.

NEW! WANT A CHOCOLATE WAFFLE BASE THAT IS ALSO VEGAN AND GLUTEN-FREE? WELL YOU'RE IN LUCK! JUST LET YOUR SERVER KNOW AND WE'LL MAKE YOUR CHOCOLATE WAFFLEY DREAMS COME TRUE.

BUILD YOUR OWN 7.5

CREATE YOUR OWN LEGENDARY WAFFLE FOR JUST £7.50 EACH WAFFLE COMES WITH 3, JUST FOLLOW THE STEPS BELOW:

STEP 01: CHOOSE YOUR WAFFLE!
REGULAR (BELGIUM), CHOCOLATE OR OUR OWN SECRET GARDEN MIX (VEGAN & GLUTEN-FREE)

STEP 02: IT'S TOPPING TIME!
YOU GET TO PICK 3, SO CHOOSE WISELY. WANT MORE THAN 3? NO PROBLEMO!
EXTRA TOPPINGS ARE £1 EACH.

- APPLE
- BANANA
- BLUEBERRIES
- STRAWBERRIES
- GRATED CHOCOLATE (MILK, WHITE OR VEGAN)
- CINNAMON SPRINKLES
- CRUSHED OREOS
- CRUMBLED BISCOFF
- BISCOFF SAUCE
- NUTELLA
- PEANUT BUTTER
- MAPLE SYRUP
- CARAMEL SAUCE
- CHOCOLATE SAUCE
- STRAWBERRY SAUCE
- SQUIRTY CREAM*
- DAIRY FREE ICE CREAM
(VANILLA, CHOCOLATE OR STRAWBERRY)

STEP 03: IT'S TIME TO SIT BACK AND RELAX WHILE OUR EXPERT WAFFLE MAKERS PUT TOGETHER YOUR LEGENDARY MASTERPIECE!

WHILE YOU'RE WAITING, WHY NOT LIKE OUR PAGE AND CHECK-IN ON FACEBOOK SO THAT ALL YOUR FRIENDS CAN SEE WHAT THEY'RE MISSING OUT ON.

ALL OUR WAFFLES ARE COOKED FRESH TO ORDER SO THERE MAY BE A SHORT WAIT DURING BUSY TIMES.
THANK YOU FOR YOUR UNDERSTANDING.

VEGAN

VEGAN
ALTERNATIVE AVAILABLE

GLUTEN-FREE

EVERYTHING IS
VEGETARIAN!

THE
SECRET
GARDEN

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The Glorious Menu of Tea!

Beautifully tasty loose leaf tea. Leave to brew for 3-4 mins before pouring.



| TYPE/ <i>Caffeine</i> | TEA: | POT SIZE: | SMALL <i>1 Cup</i> | LARGE <i>2+ Cups</i> |
|-----------------------------------|--|-----------|-----------------------|-------------------------|
| BLACK TEA <i>Medium</i> | THE GREAT BRITISH CUPPA Nothing beats a Great British Cuppa! A fragrant blend of black teas from across the world. <i>Great with or without milk.</i> | | £2.20 | £4.00 |
| BLACK TEA <i>Strong</i> | NEW BUILDERS BREAKFAST BREW (THE TRIPLE B) Like your tea strong? This powerful blend of Indian Assam, Kenyan, and Sri Lankan black teas is the perfect accompaniment with your morning fry-up. <i>Perfection in a mug, with or without milk.</i> | | £2.20 | £4.00 |
| BLACK TEA <i>Medium</i> | EARL GREY CRÈME TEA The classic good old British fave with tingly bergamot and smooth vanilla. <i>Great with or without milk. Why not add a slice of lemon?</i> | | £2.50 | £4.50 |
| BLACK TEA <i>Medium</i> | NEW CHOCOLATE DIGESTIVES TEA The Chocolate Digestive... A British classic. Arguably king of the biscuits. This beautiful blend is perfect for the dunker's but without all the sogginess. <i>With or without milk & biscuits not required.</i> | | £3.00 | £5.40 |
| FRUIT TEA <i>None</i> | NEW STRAWBERRY LEMONADE TEA With real strawberry chunks, zesty lemon peel and a whole bunch of flavour, this zingy wonder can only be described as summer in a teapot. | | £3.00 | £5.40 |
| OOLONG TEA <i>Low</i> | NEW PINK GRAPEFRUIT TEA Juicy pink grapefruit & a cup of steaming green tea has to be the best breakfast to start the day, especially if you are needing a bit of a nutrient boost! A tea that tastes as fruity as it smells. | | £3.00 | £5.40 |
| GREEN TEA <i>Low</i> | NEW JASMINE POACHED PEARS TEA A simple yet deliciously smooth combo. This jasmine and pear green tea blend ticks both fruity & floral boxes - It's soooooo good! | | £3.00 | £5.40 |
| GREEN TEA <i>Low</i> | CHINESE TREASURES TEA Originating from Yunnan, China, this powerful green tea with ginseng is renowned for its medicinal and healing properties. With ginger, goji berries and jasmine flowers. | | £3.00 | £5.40 |
| HERBAL TEA <i>None</i> | PEPPY MINT Fresh and smooth peppermint tea. It has fantastic digestive health properties so the perfect way to end a meal! | | £3.00 | £5.40 |
| HERBAL TEA <i>None</i> | GOOD CALMER TEA Packed full of calming herbs like turmeric and ashagandha but tastes like a chocolate ginger nut biscuit! Yum! <i>Great with or without milk.</i> | | £3.00 | £5.40 |

